



WEEK 23

FEATURED FARMERS

&

PRODUCT SPOTLIGHTS



Find many of these farms and more at <https://appalachiangrown.org/>



<p><b>NO BOXES</b> <b>July 1-7</b></p>	<p>In anticipation of some folks being away/busy for the holiday, there will be no boxes delivered or available for pick up that week.</p>
<p><b>LAST BOX</b> <b>July 8-12</b></p>	<p>Thank you so much for participating in this 26-week program! This was the second series of the program and we hope we can get another series going again as soon as possible. We will be in touch as this series comes to a close with a survey and will <b>really appreciate</b> your feedback to help us continue the program and make it better!</p>

*in the box*

<b>SUMMER SQUASH</b> 3 BARN FARMS	<b>KALE</b> 3 BARN FARMS	<b>EGGS</b> SEXTON FARMS
<b>BROCCOLI</b> BARKER FAMILY FARM	<b>CHARD</b> 3 BARN FARMS	<b>HOOP CHEESE</b> HICKORY NUT GAP
<b>CUCUMBERS</b> BARKER FAMILY FARM	<b>LETTUCE</b> 3 BARN FARM	<b>SOURDOUGH BREAD</b> BACKWOODS BAKERY
<b>MICROGREENS</b> WARCRY PEPPER CO. & SPROUT CULTURE	<b>STRAWBERRIES</b> DARNELL FARMS	

**WARCRY PEPPER COMPANY**

Matt and Carlos Bryant  
Bryson City, NC  
<https://www.warcrypeppers.com/>

At Wacry Pepper Company, we love hot sauce and creating it to share with others. We make small, handcrafted batches of our hot sauce using 25 varieties of organically grown "Super-Hot Peppers," the hottest in the world, and fire-roasted local tomatoes. We farm raise all the peppers at the sacred mother town, Kituwah, in Cherokee, NC, to honor our farming and family heritage. We also grow a variety of microgreens. We are proud to be Native American owned and operated.



**DARNELL FARMS**

The Darnell Family  
Bryson City, NC  
<https://darnellfarms.com/>

A fun, family-friendly, Appalachian-style farm and fruit stand, specializing in u-pick strawberries, pumpkin picking, food trucks, ice cream, monthly festivals, and a giant playground, all nestled on the beautiful Tuckasegee River. All are welcome. Come make our family farm your family farm!



**SPROUT CULTURE FARM**

Jesah Segal  
Asheville, NC  
<https://www.sproutculture.farm/>

Sprout Culture is one of the region's largest indoor vertical farms growing organic microgreens. More than a business, we are a cultural change movement working to shift our society from a "fast food culture" to a "living food culture." We're bringing one of the healthiest, sustainably grown foods to tables across the region.



**STILL WATERS LANDING**

Andrew Jones  
Hayesville, NC  
<https://www.stillwaterslanding.org/>

Still Waters Landing is a model of rural-renewal. We are a local pasture raised pig and produce farm with a mission to restore the community through farming, food, fellowship and faith while ensuring that everyone in the community, regardless of income, can access to high quality food.



**BACKWOODS BAKERY**

Whittier, NC  
<https://www.backwoodsbakery.com/>

"Thoughtfully-sourced, lovingly-crafted." We are a NCDA-certified microbakery nestled in the backwoods of Western NC. A true "mom and pop" shop, we work together to bake the finest the area has to offer. With no "brick-and-mortar," our public offerings can be found at area farmers markets and events as well as local retailers and restaurants.



**3 BARN FARMS**

Katie Doe & Alex  
Franklin, NC  
<https://www.3barnfarms.com/>

"Growing Food and Plants for Folks in Far West North Carolina." Katie and Alex love their community! While Alex specializes in animal husbandry and forest management, you can find Katie caring for plants and overseeing marketing and community outreach efforts. They aim to grow 3 Barn Farm into a "full diet farm" that offers a one stop shop to Franklin, NC and beyond!



**BARKER FAMILY FARM**

Darren Barker  
Bryson City, NC

**SEXTON FARMS**

Dana, NC

Please join our  
**LAST** monthly gathering  
**JUNE 26 + 27**

Bring the whole family!

<p><b>Macon</b></p>
<p><b>Wednesday, June 26</b> <b>5:30-7:30 PM</b> Winding Stair Farm NURSERY 57 Saunders Rd, Franklin</p>
<p><b>Swain</b></p>
<p><b>Thursday, June 27</b> <b>5:30-7:30 PM</b> Darnell Farms 2300 Governors Island Rd, Bryson City</p>

- o Health screenings
  - o Farm activities
  - o Light dinner & cooking demonstrations with Uncomplicated Kitchen & Rose James
  - o Child care and ASAP Growing Minds activities
  - o Gift cards (gas or grocery) for all attendees
  - o Door prizes!
- All free of charge!

Join us on the farm!

