WHAT IS THE COMMUNITY HEALTH ASSESSMENT?

The Community Health Assessment, or CHA, leads to a better understanding of the health of our county’s residents.

The CHA helps local agencies and organizations working on health issues to ensure that the most pressing health concerns are being addressed, and to plan and coordinate their efforts. It is also used by our Health Department in its strategic planning process.

Collaborating agencies in western NC have chosen to repeat this cycle every three years.

Health Priorities

HEALTH PRIORITY 1: MENTAL HEALTH & SUBSTANCE USE

- Address the impact of Adverse Childhood Experiences and trauma on health
- Maintain focus on opioids, alcohol, and tobacco: prevention, treatment and harm reduction

HEALTH PRIORITY 2: PERINATAL & EARLY CHILD HEALTH

- Address prenatal substance use and smoking and related effects on infants
- Collaborate to improve health outcomes despite child poverty in Haywood County

HEALTH PRIORITY 3: CHRONIC DISEASE PREVENTION

- Increase preventive lifestyle behaviors/factors: physical activity, nutrition and food security.
- Maintain programs to prevent diabetes and heart disease.

The CHA is a collaborative effort between HAYWOOD COUNTY and HAYWOOD REGIONAL MEDICAL CENTER.

Support of this process was provided by WNC Healthy Impact, a partnership between hospitals and public health agencies to improve community health in western North Carolina.

WHO’S INVOLVED?

Haywood County HHSA led the CHA process and Healthy Haywood partners and volunteers determined health priorities.

Haywood County residents shared their input through surveys and additional local data collection.
FOR MORE INFORMATION & TO GET INVOLVED...

Visit www.healthyhaywood.com to access the full report or learn more about Healthy Haywood's activities.

Join one of three Healthy Haywood coalition working groups addressing the health priorities: substance use and mental health, perinatal and early child health, or chronic disease prevention.

Contact HHSA Health Education Supervisor Lauren Wood at lauren.wood@haywoodcountync.gov or (828) 452-6675 to obtain more data or information.

RESOURCES

- NC 211 (Resources/Assistance): www.nc211.org or call 2-1-1
- Haywood Regional Medical Center (hospital): www.myhaywoodregional.com
- Mountain Projects (Community Action Agency): www.mountainprojects.org
- Blue Ridge Community Health: www.brchs.com