More than 1/2 of adults have at least one chronic illness (CDC).

If childhood obesity trends continue, experts predict it could cut two to five years off the lifespan of the average child in America—making this the first generation to have a shorter life expectancy than their parents (Children’s Defense Fund).

7 million adults have Type 2 diabetes and don’t even know it.

Health care providers are finding an increase in children with Type 2 diabetes, a disease usually diagnosed in adults aged 40 years or older.

37% of adults are prediabetic.

Obesity can lead to cardiovascular disease, Type 2 diabetes, high blood pressure, sleep apnea, and depression.

$190.2 BILLION is the estimated annual cost of obesity-related illness.

21% of annual medical spending is on obesity-related illness.

$4.3 BILLION is the annual loss to businesses because of obesity related job absenteeism.

Because of the increase in chronic disease, the cost to pay for the insurance of employees manufacturing a car, costs more than the car itself.